

Transform4Europe Professional Development trainings

For both (academic and non-academic) staff

Strategies for decision making: How to decide in uncertain and complex environments *(remote)*

Angela Daalman

Angela Daalman works as a trainer and coach for leadership and communication. She has already conducted many online and face-to-face trainings on the topic "Effective Decision making". Previously, as a manager, she often experienced challenging decision-making situations herself and used effective methods to solve problems in the best possible way. Therefore, she can both introduce a theory of decision making and share best practice experiences.

DESCRIPTION

It is not easy to make the right decisions in a complex world. Based on brain research findings, the participants will get to know the human decision-making systems and try out different decision-making methods.

Content: the Rubicon model, instinct vs mind, the individual decision system.

Methods: introduction of theory, self-reflection, group exercises, interaction.

CONDUCTING UNIVERSITY



UNIVERSITÄT
DES
SAARLANDES

TIME AND DURATION

June 3

9:00 – 13:00
CET

4 hours

[APPLY HERE](#)

For both (academic and non-academic) staff

Teaching for action: Changing attitudes to promote the Sustainable Development Goals through challenge-based teaching *(hybrid)*

Asuncion Menargues Marcilla

Asuncion Menargues Marcilla has been teaching Education for Sustainability for pre-service teachers for 11 years. She has developed a service-learning project of international cooperation and has authored 118 scientific publications.

DESCRIPTION

The economic development model based on the massive exploitation of natural resources has led us to a global emergency. Under this scenario, we propose a webinar using a methodology based on a problem-solving project to learn and change attitudes about responsible consumption and environmental sustainability, studying the mobile phone cycle. As a product of this project, the participants will have to record a short video to engage others to make sustainable consumption.

CONDUCTING UNIVERSITY



Universitat d'Alacant
Universidad de Alicante

TIME AND DURATION

May 10

9:30-13:30
CET

4 hours

[APPLY HERE](#)

For both (academic and non-academic) staff

The importance of digital accessibility in universities: How to create accessible content (*remote*)

**Cristina Palomares Crespo,
Jose Maria Fernandez Gil**

A decade of experience providing training in digital accessibility in several international ERASMUS+ projects, in countries like Egypt, Indonesia, Mexico, Chile, and the United Kingdom.

DESCRIPTION

This training is meant to be support material for creating accessible electronic documents. Throughout the different sections, the basic and universal concepts that digital documents must have to be accessible to everyone are introduced.

For the implementation of the concepts, we rely on the word processor Microsoft Word of the Office suite as the most widespread among the university community. However, the concepts are extrapolated to any word processor such as Mac Pages, LibreOffice or another. The only thing that will change will be the use of the tools of each programme.

CONDUCTING UNIVERSITY



Universitat d'Alacant
Universidad de Alicante

TIME AND DURATION

June 15

14:00-16:10
CET

2 hours and 10
minutes

[**APPLY HERE**](#)

For both (academic and non-academic) staff

Time management for an effective and stress-free life (*hybrid*)

Danguolė Kraskauskienė

“Time management is one of the main skills of any leader.” Danguolė Kraskauskienė has worked in the leadership area for more than 8 years. As a businesswoman and university lecturer, she has personally implemented all the methods she shares in this seminar.

This seminar was held for several years, refined every year, and adjusted to reflect the challenges of our time.

DESCRIPTION

Time management is one of the main challenges in our modern world. It has never been easy to plan activities in advance, but this pandemic reality has changed planning rules for the worse. In this seminar, you will learn how to plan time while having multiple interruptions (while working remotely from home or in interactive teams), how to maintain the best efficiency and focus during the day, identify time thieves and neutralize them. You will learn about methods and strategies that work best while interacting with people and will be able to apply them to your calendar right away during the practice part of the seminar.

CONDUCTING UNIVERSITY



TIME AND DURATION

May 12

9:00-13:00
CET

4 hours

[APPLY HERE](#)

For both (academic and non-academic) staff

Do you hear what I hear? Avoiding the pitfalls of intercultural communication *(remote)*

Ignas Kalpokas

Ignas Kalpokas co-designed and taught “Intercultural Communication” course for MA students at Vytautas Magnus University and a BA level course “International Business Communication” at ISM University of Management and Economics for three years. He also led workshops of Intercultural Communication at the summer schools organized by Vytautas Magnus University and the Lithuanian University of Health Sciences.

DESCRIPTION

During this webinar, we will first discuss the stealth-like nature of culture and the ways in which it affects performance and well-being even in cases when conditions appear to be neutral. Another myth that we will try to critically assess is that of shared meaning - that what is said is also what is understood or that a statement can be straightforward enough for interlocutors representing different cultures to understand it identically. Particular attention will be paid to issues of values, the role of stereotypes in both hindering and assisting intercultural communication, and challenges that arise in multicultural teams.

The webinar will comprise instruction and group activities.

CONDUCTING UNIVERSITY



VYTAUTAS
MAGNUS
UNIVERSITY
MCMXXII

TIME AND DURATION

May 30

9:30-13:30
CET

4 hours

[APPLY HERE](#)

For both (academic and non-academic) staff

Online presentation skills *(remote)*

Margo Loor

With over 20 years of experience, Margo Loor is the most experienced trainer of thinking, speaking, and debating skills in Estonia. For more information, see www.speaksmart.ee/team/margo-loor.

DESCRIPTION

The purpose of the webinar is to increase speaker confidence and foster the self-improvement of participants' public speaking skills in online scenarios. As a result of the webinar, participants will have learned how to:

- create clear messages and supportive structure in their presentations;
- illustrate messages visually, vocally and rhetorically;
- engage their audience interactively.

The webinar will consist of three sessions. Each session will include instruction, demonstration, practice and feedback.

CONDUCTING UNIVERSITY

EKA

TIME AND DURATION

May 26

9.30-13.00 CET

3.5 hours

[APPLY HERE](#)

For both (academic and non-academic) staff

One common language: How intercultural communication succeeds (*remote*)

Jyotika Dalal

Jyotika Dalal (M.A.) is a certified intercultural trainer, coach, and conflict mediator, conducting seminars and workshops of intercultural communication and competence for universities since 2010.

DESCRIPTION

Introduction to culture and communication, creating awareness of own and other cultural imprints and communication patterns, reflection on strategies for appropriate communication in intercultural interaction situations.

Methods: Interactive, with use of videos, communication tasks and critical incidents to foster exchange and critical reflection.

CONDUCTING UNIVERSITY



UNIVERSITÄT
DES
SAARLANDES

TIME AND DURATION

May 24

9:30 - 13:45
CET

4 hours 15
minutes

[APPLY HERE](#)