

# RULE OF 5 STEPS TO STOP CORONAVIRUS SPREAD

## STUDENT RESIDENCE HALLS (DORMS)

**1. ARE YOU FEELING BAD? HAVE YOU BEEN CONFIRMED COVID-19 POSITIVE?  
HAS SOMEONE AROUND YOU TESTED POSITIVE FOR COVID-19?  
DOES SOMEONE AROUND YOU HAVE SYMPTOMS CHARACTERISTIC FOR CORONAVIRUS?**

NO

**You can come to the University!**  
Remember to monitor your health status and follow the sanitary regime.

YES

**2. WHERE ARE YOU?**

AT THE UNIVERSITY

**A.** Inform about your situation the teacher (directly) or Dean's Office (by phone or e-mail) and follow the procedure below.

IN THE STUDENT RESIDENCE HALL (DORM)

**B.** Inform about your situation the head/ administrator of your student residence hall (dorm) or porter (in the afternoon hours). Inform also the year tutor/head of the study centre or Dean's Office by e-mail and send a message to covid@us.edu.pl. Stay in your room and follow the below procedure (starting from point D).

**3. PROCEDURE**

**A.** Stop attending on-site classes and go to the isolation room.  
Give the Dean's Office a list of people you had contact with during the last 10 days

**B.** If possible, consult the doctor (GP) by phone from the isolation room

**C.** Go to the student residence hall (dorm) for self-isolation (do not use public transport)

**D.** Prepare a list of people you had contact with during the last 10 days. If those were inhabitants of your student residence hall (dorm), provide this information to the head/administrator of your student residence hall (dorm) and inform them about your symptoms by phone/Facebook/e-mail if you can

**E.** Prepare yourself for moving to the isolation room in your student residence hall (dorm). You have to isolate yourself - you may be infected with SARS-CoV-2 (COVID-19). Your previous room will be disinfected with ozonizer. Watch your symptoms, follow the recommendations of the doctor (GP) and inform any individuals that you had contact with about these recommendations

**F.** When you receive the results of coronavirus test, inform the Dean's Office and head of your student residence hall (dorm)

**4. FURTHER ACTIONS**

POSITIVE RESULT

**A.** Contact the relevant sanitary service and determine the further procedure.

Send the info about the result of your test to covid@us.edu.pl.

NEGATIVE RESULT  
**B.**

NO TEST

(I wasn't sent to the tests and didn't decide to arrange the test privately)

**C.** Wait for the end of the quarantine period required by the sanitary service.

Determine the possibility to participate in remote classes.

**5. AFTER THE END OF THE ORDERED ISOLATION PERIOD, WHEN THE SYMPTOMS DISAPPEAR, OR WHEN YOU RECEIVE A NEGATIVE RESULT OF THE NEXT CORONAVIRUS TEST, YOU CAN GO BACK TO CLASSES ON-SITE**