**RULE OF 5 STEPS**

**TO STOP CORONAVIRUS SPREAD**

**STUDENT RESIDENCE HALLS (DORMS)**

1. **ARE YOU FEELING BAD? HAVE YOU BEEN CONFIRMED COVID-19 POSITIVE?**
   - HAS SOMEONE AROUND YOU TESTED POSITIVE FOR COVID-19?
   - DOES SOMEONE AROUND YOU HAVE SYMPTOMS CHARACTERISTIC FOR CORONAVIRUS?
   - **NO**
     - You can come to the University!
     - Remember to monitor your health status and follow the sanitary regime.
   - **YES**
     - A. Stop attending on-site classes and go to the isolation room. Give the Dean's Office a list of people you had contact with during the last 10 days.

2. **WHERE ARE YOU?**
   - **AT THE UNIVERSITY**
     - A. Inform about your situation the teacher (directly) or Dean's Office (by phone or e-mail) and follow the procedure below.
   - **IN THE STUDENT RESIDENCE HALL (DORM)**
     - B. Inform about your situation the head/administrator of your student residence hall (dorm) or porter (in the afternoon hours). Inform also the year tutor/head of the study centre or Dean's Office by e-mail and send a message to covid@us.edu.pl. Stay in your room and follow the below procedure (starting from point D).

3. **PROCEDURE**
   - A. Stop attending on-site classes and go to the isolation room. Give the Dean's Office a list of people you had contact with during the last 10 days.
   - B. If possible, consult the doctor (GP) by phone from the isolation room.
   - C. Go to the student residence hall (dorm) for self-isolation (do not use public transport).
   - D. Prepare a list of people you had contact with during the last 10 days. If these were inhabitants of your student residence hall (dorm), provide this information to the head/administrator of your student residence hall (dorm) and inform them about your symptoms by phone/Facebook/e-mail if you can.
   - E. Prepare yourself for moving to the isolation room in your student residence hall (dorm). You have to isolate yourself - you may be infected with SARS-CoV-2 (COVID-19). Your previous room will be disinfected with ozonizer. Watch your symptoms, follow the recommendations of the doctor (GP) and inform any individuals that you had contact with about these recommendations.
   - F. When you receive the results of coronavirus test, inform the Dean's Office and head of your student residence hall (dorm).

4. **FURTHER ACTIONS**
   - **POSITIVE RESULT**
     - A. Contact the relevant sanitary service and determine the further procedure. Send the info about the result of your test to covid@us.edu.pl.
   - **NEGATIVE RESULT**
     - B. When you receive the results of coronavirus test, inform the Dean's Office and head of your student residence hall (dorm).
   - **NO TEST**
     - (I wasn't sent to the tests and didn't decide to arrange the test privately)
     - C. Wait for the end of the quarantine period required by the sanitary service. Determine the possibility to participate in remote classes.

5. **AFTER THE END OF THE ORDERED ISOLATION PERIOD, WHEN THE SYMPTOMS DISAPPEAR, OR WHEN YOU RECEIVE A NEGATIVE RESULT OF THE NEXT CORONAVIRUS TEST, YOU CAN GO BACK TO CLASSES ON-SITE**