



**UNIWERSYTET ŚLĄSKI
W KATOWICACH**



University of Silesia in Katowice

Faculty of Social Sciences

Faculty of Arts and Sciences

of Education in Cieszyn

Polish Academy of Sciences

Branch in Katowice

Committee of Psychological Sciences

are pleased to invite you to
the 2nd Interdisciplinary Scientific Conference

(Psycho)therapy: art or technology?

May 6 2020, in Cieszyn

The clear and steadily growing popularity of various forms of (psycho)therapy seems to result in a slightly paradoxical situation. On one hand, this popularity raises high hopes for growing effectiveness of therapy, but on the other – it causes or even forces to caution, even reservedness, towards new methods and techniques.

As the organising committee, we would like to invite representatives of all disciplines in any way related to psychotherapy to a broad multidisciplinary discussion on the scientific output in the field of psychotherapy and psychotherapeutic practice. What we expect are motifs appearing at possibly many levels of reflection:

the (meta)theoretic, methodological and methodical. Special attention will be paid to the forms, methods and techniques of children psychotherapy.

During the discussion, we hope:

- to make a reconstruction of both the undisputable "hard core" of forms, methods or techniques of psychotherapy and their more flexible "soft peripheries";
- to index major controversies around them;
- to index the major factors responsible for low effectiveness of psychotherapy or even its iatrogenic character.
- bring out what is responsible for the healing and positive effects of therapy, regardless of its modality and school

We attach these goals to the following thematic blocks:

- necessary relationships: prevention - diagnosis - therapy
- theoretical foundations of psychotherapy: vision of the disease and its mechanisms - vision of therapeutic actions
- therapist: guardian, guide, servant, creator, human behavior engineer?
- psychotherapy: internal differentiation of methods and forms
- a child as a subject of psychotherapy
- hardship, drama, existential tragedy as a therapeutic challenge
- different schools and modalities to the same client / patient or problem
- "soft peripheries" of (psycho)therapy: pedagogical therapy, sociotherapy, other types of therapy ...
- systemic family therapy: ME - YOU - WE
- paradoxical therapy: necessary risk or bravado?
- everyday therapy: when your neighbor is your naïve therapist ...
- development (in) therapy: opportunity or necessity?
- supervision: a necessary evil, a lifeline or a luxury?
- art in psychotherapy: occupational therapy or contact with Great Art?
- *philosophia magistra vitae*: necessity or detachment reality?
- an autotherapy: to paddle one's on canoe alone
- iatrogenia: an accident at work, an error of art or ... an attribute of given approach or modality?

Both the active and passive form of participation is possible. Depending on this, please send the filled registration form to psychoterapia.konferencja@gmail.com and make the bank transfer for conference fee **until 15th April, 2020.**

The payments should be addressed to:

Uniwersytet Śląski
ul. Bankowa 12, 40-007 Katowice, Poland
ING BANK ŚLĄSKI, Oddział w Katowicach
ul. Mickiewicza 3, 40-092 KATOWICE, Poland

Account number:

74 1050 1214 1000 0007 0000 7909

For international transfers (SWIFT / BIC):

INGBPLPW

IBAN:

PL 74 1050 1214 1000 0007 0000 7909

Purpose of Payment:

(Psycho)therapy - Cieszyn, name of participant

For attendants declaring active participation (delivering a paper, report, poster, etc.), the conference fee is **400,00 PLN** (for Ph.D. students **200,00 PLN**), for attendants declaring passive participation **200,00 PLN** (for Ph.D. students **100,00 PLN**).

The fee will cover the costs of conference materials and food and drinks.

The information on accommodation available in Cieszyn as well as the next circulars will appear on the conference website:

<https://us.edu.pl/wydzial/wsne>

Feel warmly invited to Cieszyn and have your share in a constructive discussion in friendly atmosphere.

The Organising Committee

Chairperson: Anna Porczyńska-Ciszewska, Ph.D.

Secretary: Renata Stefańska-Klar, Ph.D., Jolanta Krzyżewska, M.A.